



FOUNDED JUNE, 1935

**COVENTRY
CYCLING
CLUB**

**‘THE EILEEN SHERIDAN’ OPEN 10 MILE TT;
Incorporating VET’s Competition for the ‘BIRKS CUP’**

Sunday 14th August 2022, COURSE K11/10T

(Promoted for & on behalf of **CYCLING TIME
TRIALS** under their Rules & Regulations)

Event Organiser: Barry Harden
29 Guilsborough Road
COVENTRY
CV3 2HL.
Phone 02476 456944
Mobile on the day 07791 212425
‘E mail’: barryaharden@aol.com

Event Headquarters: Dunchurch Sportsfield & Village Hall,
Rugby Road,
DUNCHURCH,
Rugby.
CV22 6PN.

First Rider Starts at 9:01 am

Officials:	Timekeepers;	Peter Bayliss & Laurie Bird
	Recorder;	Carole Bayliss
	CTT Observer;	Martin Bubb
	Start Steward;	Rob Chatwin
	Timekeepers Spotter	Julie Hinds
	Number Stewards;	Bob Allen
	Results Service;	Ian Kellaway, Jon Wood & Jason Noone,
	Marshalls;	Andy Gardner, Andy Delaney, Sam Griffin Davis, Phil Davis, Rob Leahy.
	Catering;	Joan Allen, Louise Bubb & Muriel Kendal

CTT Regulations & Recommendations:

If you are showing COVID-19 symptoms please do not turn up at the Event.

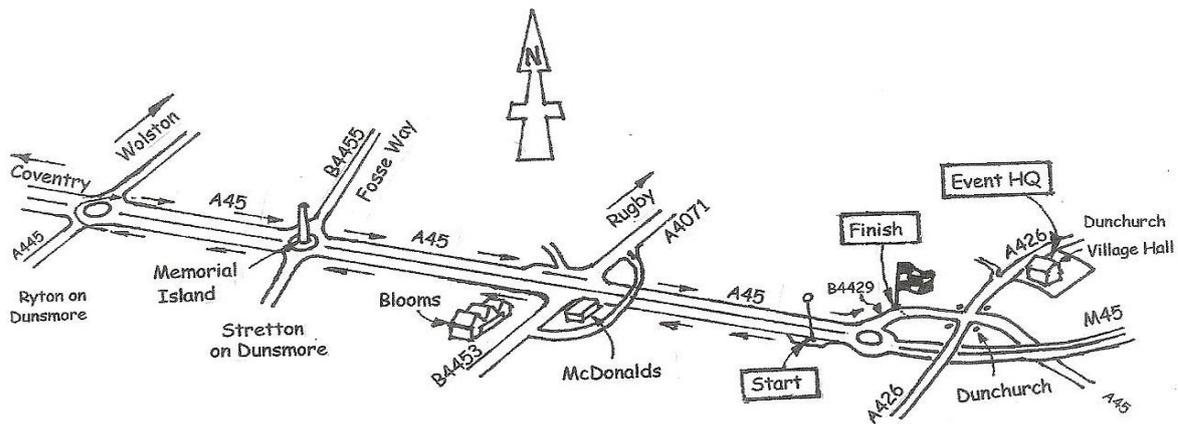
Competitors are reminded that it is now compulsory to have **Working Front & Rear Lights** fitted to their machines; **no lights, no ride**. It is also compulsory that a **Hard-Shell Helmet** that meets a recognised International Safety Standard must be worn.

Please note this is a Type A Event & as such sleeveless tops are not permitted, (Regulation 16); “sleeves shall be at least mid-upper arm in length”.

Numbers & Pins will be available at the ‘Signing On’ facility but only issued to riders personally. Remember you must **‘Sign Off’** after the Event as well as **‘Signing On’**.

Course Description:

- SP 462 716: **START**; In the Lay-by 200 yards west of the A45/M45 Thurlaston Island at the 3rd joint in the concrete apron. Ride West along the A45.
- SP 415 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.
- SP 391 741: At the next Island, (A45/A445), take the 4th exit to retrace along the A45.
- SP 414 732: At the Fosse Way Island, (A45/B4455), take the 2nd exit to continue on the A45.
- SP 465 715: At the A45/M45 Island, take 1st exit onto the B4429 towards Thurlaston/Dunchurch.
- SP 465 715: **FINISH**; 60 yards past the right turn to Thurlaston, (Main Street); in line with the Eastern (exposed) Gate Post; immediately past the property named 'Newhaven'.



Course: K11/10T

Competitors Notes:

Car Parking will be available at the H'Q from 8.00 am. If necessary please park on the overflow Gravelled Parking area & along the hedge line of the adjacent sports field.

It is two miles from the HQ to the Start; please allow sufficient time to be ready for the Time Keeper but please do not arrive more than a few minutes before your start slot.

Every Competitor is expected to Self Start; assistance will not be permitted.

Please do not warm up on the Course once the Events have started, (09.01). We are getting more & more complaints from Competitors due to riders warming up along the B4429 run in to the Finish needing them to either brake, or pull out in front of vehicles approaching from behind. It also causes considerable confusion for the Finish Timekeeper when riders not Finishing ride through this area. If necessary, we suggest using the A45, (in the direction of Willoughby & Daventry, to the East of Dunchurch), for your warm up. Any rider failing to comply with this request risks disqualification.

A Professional Photographer will be covering the Event, proof copies will be available for viewing through his Website here; info_dhphoto@mac.com

PRIZES & AWARDS:

Only Midland based Riders who are Members of the VTTA are eligible for the 'Birks Cup' which will be based on Vet's Standards results.

It is hoped to present the Prizes at the end of the Event; if Prize Winners could remain until the end it would be appreciated. Otherwise Prizes will be forwarded with a Result Sheet within seven days of the Event.

Only one Prize per rider will be awarded; this will be that Prize of the greatest value with the lower value Prize being passed further down the line.

<u>Women Riders</u>	Fastest		<u>Men Riders</u>	Fastest	
	First	£30		First	£30
	Second	£25		Second	£25
	Third	£20		Third	£20
	Fourth	£15		Fourth	£15

Fastest Junior £15

Many thanks to DT & JR for their kind donations towards the Women's Prizes

<u>Best Vet's on Std.</u>		
	First	£30
	Second	£25
	Third	£20
	Fourth	£15

Why Eileen Sheridan:

This Event has been named to celebrate the achievements of our long standing Club President Eileen Sheridan. This Coventry born lady was one of the early Members of Coventry Cycling Club when it was founded in 1935. In 1945, only a year after competing in her first race, Eileen became Women's National 25 Mile Champion. Following a break when her son was born she once again resumed her career; during 1949 & 1950 Eileen became Women's National Champion at 25, 50 & 100 Miles & W.B.A.R. Not surprisingly the success of this Pocket Rocket, a diminutive sized lady with a giant sized ability & demeanour, came to the notice of the Hercules Bicycle Company who gave her a Professional Contract to pursue Long Distance Place to Place Records.

During the late 1940's & 1950's Eileen broke all twenty one of the Women's Road Record Association Records; some of which still stand to this day. After beating the classic Lands' End to John O'Groats record by 11 hours she was put back on her bike to continue to also break the 1000 Mile Record as well; she says she can still recall the effort it took quite vividly.

Throughout her life Eileen, now well into her 90's, has always tried to encouraged Women to take part in our chosen sport, especially those who have taken up the challenge & broken most of her long standing Records as I am sure they would each personally confirm.

Barry H.